



Our **Survival Course. Lost in African Bushveld** with an injured companion, hunted by **terrorists are looking for survivors** and in **Big 5 territory**, Are you in trouble or what? Superbly written in a style that combines humour with indomitable spirit, our ex- **Special Forces survival instructor** turned author will keep you captivated.

To view and try the **FREE** component, [click here](#)

Delivery and assessment of ONLINE courses

All Course content is available **online** but may also be downloaded in PDF format (and easily printed) so you don't have to be **online** to study. No physical product except certificates earned, are posted to students.

All assessment is delivered entirely **online** and is automated. The assessment which we've called "take the test" (top right in each component) consists of between 10 and 30 true/false and multiple-choice questions. There is one test for each of the components of a course. Students may attempt these tests as many times as required until they have achieved the passing mark. **Once a test is passed, it cannot be taken again.**

Module # 1 – Land Survival

Component # 1 – Introduction to land survival

Module # 2 – Ecology of Survival

Component # 1 – Basic survival ecology

Component # 2 – Ecological territories

Module # 3 – Psychology of Survival

Component # 1 – Fear and panic

Component # 2 – Guidelines for psychological survival

Component # 3 – The "Survival Reaction Series" (SRS)

Module # 4 – Edible and Useful Plants of Southern Africa

Component # 1 – Useful and edible plant parts

Component # 2 – Rules and testing for plant edibility

Component # 3 – Vegetation types of Southern Africa

Component # 4 – Most valuable survival plants in Southern Africa

Component # 5 – List of fruit plants, uses, fruiting period and distribution

Module # 5 – Animals: Their Survival Uses and Dangers

Component # 1 – Invertebrates

Component # 2 – Snakes

Component # 3 – Fish

Component # 4 – Birds

Component # 5 – Mammals

Module # 6 – Improvisations and Survival Skills

Component # 1 – Water

Component # 2 – Food

Component # 3 – Protection

Component # 4 – Tools and implements

Component # 5 – Making fire

Module # 7 – Bush medicine

Component # 1 – Treatment of Bushveld illnesses and poisoning

Component # 2 – Treatment of bleeding and shock

Component # 3 – Treatment of heat and cold afflictions

Component # 4 – Treatment of general afflictions (fevers, headaches)

Component # 5 – Snake Bites

Component # 6 – Insect Bites

Module # 8 – Nutrition

- Component # 1** – Metabolism
- Component # 2** – Survival nutrients
- Component # 3** – Priorities of life (Water)

Module # 9 – Sea and Coastal survival

- Component # 1** – The oceans
- Component # 2** – The tides
- Component # 3** – Waves and surf
- Component # 4** – Rocky coast
- Component # 5** – Currents
- Component # 6** – Beaches
- Component # 7** – Dangerous sea-life
- Component # 8** – Water and Clouds
- Component # 9** – Food from the sea and coast
- Component # 10** – Medical aspects of sea and coastal survival

Module # 10 – Natural navigation

- Component # 1** – The sun
- Component # 2** – The moon and the Stars
- Component # 3** – Nature as a Guide